



*Pre Conference workshop of AROHA 2024
Keraleeya Kriyakrama and the prevention
and management of NCDs*

Date : 16.10.2024

Registration Fees: Rs. 500/

(Includes kit, working lunch, Tea and refreshments)

Participants will have to arrange their transport and accommodation.

Note: Students, staff, and Faculties of AllIA, New Delhi are exempted from paying registration Fees

**DEPARTMENT OF PANCHAKARMA,
ALL INDIA INSTITUTE OF AYURVEDA,
NEW DELHI**

For registration kindly visit: <https://aiiaaroha.org/>

Limited seats: 30 only on first come first serve basis

Contact: aiia.aroha2024@gmail.com, 011-2695401

Keraleeya Kriyakrama and the prevention and management of NCDs

| Time | Event | Details |
|---------------------|--|---|
| 8.30 am – 9.00 am | Registration and Welcome Tea | |
| 09.00 am – 10.00 am | Inaugural Session <ul style="list-style-type: none"> • Lighting of the Lamp • Welcome Address • Keynote Address • Presidential Address | Lighting of the lamp by Dignitaries Welcome address by Prof. Dr. Anandaraman PV Keynote Address by: Prof. Dr. Anup Thakar HOD, Dept of Panchakarma ITRA, Jamnagar Presidential Address: Prof. Dr. Tanuja Nesari , Director AIIA |
| 10.00 am – 11.15 am | Session 1 Sastra: Keraleeya Kriyakrama for the prevention and management of NCDs Q&A Session Followed by Abhyasa (Hands on Training) on Rookshana Kriyas | Speaker: Dr. Subin VR Professor, Panchakarma, VPSV Ayurveda College, Kottakkal |
| 11.15 am – 12.30 pm | Session 2 Sastra: Keraleeya Kriyakrama: Clinical relevance of Pizhichil in the contemporary era Q&A Session Followed by Abhyasa (Hands on Training) on Pizhichil and Kayaseka | Speaker: Prof. Dr. Anandaraman PV HOD, Dept of Panchakarma, AIIA Delhi Dr. Praveen Kumar KS Asst. Professor, Dept of Panchakarma, AIIA Delhi |
| 12.30 pm – 1.30 pm | Lunch Break | |
| 1.30 pm – 2.45 pm | Session 3 Sastra: Role of Murdhni Taila and allied procedures in the management of NCD Followed by Abhyasa (Hands on Training) | Speaker: Prof. Dr. Santosh Kumar Bhatted Professor, Dept of Panchakarma, AIIA Delhi |
| 2.45 pm – 4.00 pm | Session 4 Sastra: Keraleeya Kriyakrama: Pinda Sweda for the management of NCD Followed by Abhyasa (Hands on Training) on Pinda Swedas | Speaker: Dr. Simi Raveendran Associate Professor, Dept of Panchakarma Govt Ayurveda College, Trivandrum |
| 4.00 pm – 4.15 pm | Tea Break | |
| 4.15 pm – 4.45 pm | Session 4 : Panel discussion | Experts |
| 4.45 pm- 5.00 pm | Valedictory Session | Summary of the Day Dr. Praveen Kumar KS Asst Professor. Dept of Panchakarma, AIIA Delhi Vote of Thanks: Dr. Prasanth D Asso Prof, Dept of Panchakarma, AIIA Delhi |
| 5.00 pm | Concluding Remarks and Group Photo | Concluding remarks by Prof. Dr. Tanuja M Nesari Director, AIIA, Delhi |